



ME  
AND MY  
GIRL

# Sing the SHOW

Saturday 8 November 2014

Brentwood, Essex

Spend a day in 1930s London – Lambeth and Mayfair plus an excursion or two to Hampshire!

Come and join a 'load of china plates' to sing the songs from the hit Cockney musical *Me and My Girl*, in the 1980s version by Stephen Fry.

Experienced coaches Frances and Christine will help you to get the best from your voice. Anyone who enjoys group singing, or would like to give it a try, is welcome - whether you're a nervous novice, a rusty returner or an old hand, come and join in all the favourites, including:

**Me and my girl · Leaning on a lamp-post  
The Lambeth Walk · Once you lose your heart  
The sun has got his hat on**

## Sing the Show ~ ME <sup>AND</sup> MY GIRL

Saturday 8 November 2014

10.00am - 4.00pm

St George's Church Hall, Ongar Rd,  
Brentwood CM15 9HR

£30 Fee includes tea, coffee and music loan.

Bring a packed lunch or try one of the local pubs  
Advance booking essential. No experience necessary.

**Book your place now at [www.arbutusmusic.net](http://www.arbutusmusic.net)  
or fill in the form overleaf**



# Arbutus Sing the Show - ME AND MY GIRL

Saturday 8 November 2014 10.00am - 4.00pm Brentwood CM15 9HR

**WORKSHOP**

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Mobile \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Email \_\_\_\_\_ Age if under 16 \_\_\_\_\_ (must be accompanied by an adult)

Confirmation will be by email, otherwise please attach SAE

Do you have any special requirement e.g. help with sight or mobility, of which you would like us to be aware?

Please make cheque (for £30 per person) payable to Arbutus Music

Post form and cheque to: Arbutus Music, 22 Jacksons Lane, Billericay, Essex CM11 1AH

or enrol online at [www.arbutusmusic.net](http://www.arbutusmusic.net)



Arbutus Music was set up by Christine Gwynn and Frances Quintrell in 2008 to provide a range of musical activities. As well as exploring repertoire, Arbutus Music courses include voice coaching, ideas and tips and the opportunity to build group singing skills, including part-singing for those who wish. All done in a fun and light-hearted way, these events are as suitable for those new to group singing as they are for old hands who fancy a change and enjoy trying new repertoire whilst honing a few skills along the way. All workshops are led by professional musicians with extensive experience in vocal and performance coaching.

## What people say about Arbutus Music events

*Had a fantastic day in the countryside singing all the wonderful songs from the show.*

*I want more days like this!!*

*I thoroughly enjoyed yesterday. I can still feel wrapped up in it today. Lovely!*

*It is amazing how you both pitch the whole day to suit everyone*



provides professional choirs for functions including weddings and memorial services.

*What you achieved was truly inspiring and so moving I can't describe how it made us feel*

Frances Quintrell's initial training, at Christchurch College, Canterbury under Donald Burrows, qualified her to be a specialist primary music teacher, in which capacity she developed her early career. Later on she moved to adult education where she was until 2007 a specialist Performing Arts co-ordinator for Essex County Council, developing the largest and most diverse music department in community education within the County.



Frances has been active as a freelance vocal/choral coach and trainer since 2001. Her work includes considerable experience with music theatre for which she has received excellent reviews from NODA. She also leads classes for adult singers covering vocal, choral and musicianship skills.

Christine Gwynn read music at Southampton University and subsequently studied with Norman Beedie at the GSMD. She has worked as a freelance musician and music teacher since 1985. Conducting and choral training form a central part of her work, complemented by a diverse array of musical skills and interests. She is active as a vocal coach and workshop leader and her extensive experience as an MD in music theatre ranges from Dido & Aeneas to West Side Story and contemporary pieces – a

wide variety of experience which Christine has brought to bear on her work in the choral field. She is musical director of Valentine Singers, Writtle Singers chamber choir, Jericho Ensemble and Tuneful Accord vocal ensemble. As a pianist and organist, she performs in a wide variety of contexts.

Christine and Frances are both members of the Incorporated Society of Musicians (ISM) and are qualified teachers.